

**PRCUA #162**  
**ROGALIN DANCE TROUPE**



*The Rogalin Dance Troupe was named after the village of Rogalin, which is situated on the Warta River. Rogalin is primarily famous for its 1000-year old oak trees on the banks of the Warta and its 18th century baroque palace, which is now a branch of the National Museum in Poznan.*

**2008-2009 PARENT/DANCER HANDBOOK**

[www.rogalindancetroupe.com](http://www.rogalindancetroupe.com)

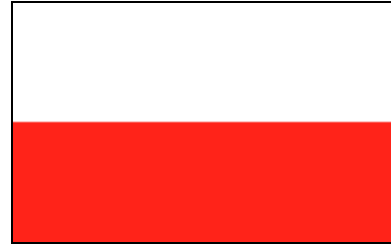
Dance Studio located in the upstairs of the PRCU Hall

1430 Oak Street, Wyandotte, MI 48192

Contact: Director Michelle Stechschulte (734) 283-4589

Revised: September 2008, by K. Walsh

# Welcome - Witamy!



We would like to take this opportunity to welcome all the new families to the Rogalin Dance Troupe and welcome back our returning families. We are excited to begin another enjoyable year and look forward to working with everyone.

Following is the 2008-2009 parent/dancer handbook. This handbook outlines the guidelines and requirements for our dance program. Please keep this guide handy throughout the year, as it will serve as your reference for the dance group.

If at anytime you have questions regarding the polices outlined in this handbook please feel free to contact any of our board members as listed below.

## **2008-2009 Parent Board**

Michelle Stechschulte	Director	Home: 734-283-4589 Cell: 734-674-4130	<a href="mailto:mstechschulte@rogalindancetroupe.com">mstechschulte@rogalindancetroupe.com</a>
Janet Vilag	Dance Instructor	Home: 734-692-4114 Cell: 734-377-7580	<a href="mailto:jvilag@rogalindancetroupe.com">jvilag@rogalindancetroupe.com</a>
Marilyn Gilliland	President	Home: 734-782-9113	<a href="mailto:mgilliland@rogalindancetroupe.com">mgilliland@rogalindancetroupe.com</a>
Andrea Schmidt	Vice President	Cell: 734-674-8528	<a href="mailto:aschmidt@rogalindancetroupe.com">aschmidt@rogalindancetroupe.com</a>
Lisa Brandt	Corresponding Secretary	Home: 734-284-1341 Cell: 734-775-7987	<a href="mailto:lbrandt@rogalindancetroupe.com">lbrandt@rogalindancetroupe.com</a>
Kelly Walsh	Recording Secretary	Home: 734-246-1450 Work: 1-800-678-6400 x7038	<a href="mailto:kwalsh@rogalindancetroupe.com">kwalsh@rogalindancetroupe.com</a>
Michael Walsh	Treasurer	Home: 734-246-1450 Cell: 734-771-5326	<a href="mailto:mwalsh@rogalindancetroupe.com">mwalsh@rogalindancetroupe.com</a>
Ann Marie Witkowski	Fundraising Chairperson	Home: 734-282-0553 Cell: 734-552-7686	<a href="mailto:awitkowski@rogalindancetroupe.com">awitkowski@rogalindancetroupe.com</a>

## **WHAT YOUR DANCER WILL LEARN WITH THE PRCU ROGALIN DANCE TROUPE**

As your dancer grows and develops in skills, they will be taught appropriate dances for their level. The goal of this dance group is to teach students to love to dance the spectacular, historical folk dances from Poland, and recognize their special characteristics. Throughout their dance career with the PRCU Rogalin Dance Troupe, your dancer will, or may have already learned:

**The five (5) National Dances of Poland:** Each of these dances has its own special history and characteristics. A true folk dance should include only the steps done in that region, to proper music made for that dance. Listed below are brief descriptions of the national dances of Poland.

1. **The stately Polonez:** The oldest dance of Poland, known as the “Grand March of Poland”. The Polonez is a slow, dignified procession-style walking dance.
2. **The elegant Mazur:** A couple’s dance with swift, smooth, running forward steps. It is also embellished with other steps like holubiecs, stamps, and slides.
3. **The romantic Kujawiak:** A very lyrical dance with slow turning couples. Today’s Kujawiak is a blend of dances; a slow walking part, and a lively turning part.
4. **The exuberant Oberek:** This dance is mainly composed of turning and spinning. Its content can also be embellished with stamping, clapping, holubiecs, and kneels.
5. **“The” National Dance – The Krakowiak:** The second oldest dance of Poland consists of couples moving in a fast, smooth, gliding gallop in which the dancers move in various directions around a single circle, or in two or more circles. The gallop is intermingled with energetic accented steps, done almost in place.

**“Character” Dance:** Your dancer will also learn a “character” dance to be performed with their group at the Recital. Throughout their dance career, they may have the opportunity to learn tap, ballet, and jazz.

Your dancer may also have the opportunity to try-out for the PRCUettes Pom team. This opportunity is offered to girls in the Junior and/or Senior Group, depending on interest from year-to-year.

Your dancer will also learn the Polish National Anthem, learn about their Polish heritage, learn some common Polish words, and hopefully make friendships along the way that last throughout the years.

We hope you will enjoy the year with us, and we gladly accept any and all feedback. Again Witamy!

## **REGISTRATION**

All Dancers must be members of the Polish Roman Catholic Union of America (PRCU) to be eligible for participation in the Rogalin Dance Troupe. To be a member of the PRCU, you must purchase and maintain an active life insurance policy. To do so, please contact Helen Sawicki at (734) 284-6208 or Annie Mandernach at (734) 782-0455. The policy must be in place by October 1<sup>st</sup> of the current dance year.

Society dues are \$10.00 per year and are due every January for all members ages 16 to age 70. Send Society Dues to: Linda Alexander, Financial Secretary, 1059 Mollno Street, Wyandotte, MI 48192. She may also be reached at (734) 282-2360.

In addition to the purchase of an active life insurance policy\* for each dancer, the following yearly registration fees will apply for the 2008-2009 year:

- \$40.00 for the first dancer
- \$35.00 for the second dancer
- \$30.00 for the third dancer
- \$25.00 for the fourth and each additional dancer

\*If a dancer's policy becomes inactive or unpaid, they will be dropped from the Rogalin Dance Troupe roster. The dancer will be charged \$14.00 for the loss of subsidy given to us by the PRCU. The dancer will be given 30 days to reinstate their policy, or they will be unable to return to class until the policy is reinstated.

Open (also known as pre-registration) Enrollment for the 2008/2009 year will take place in February 2009 and will end the last Tuesday of practice in the studio. Active policy and registration fees will be due at this time. Registration fees will be reduced by \$5.00 off the total registration fee per pre-registered family. Failure to pre-register during Open Enrollment may affect class placement.

## **CLASS TIMES / DETERMINATION:**

Currently we have six classes and a pom pon team. Class times are as follows:

Group 1	5:00-5:30 p.m.
Group 2	5:30-6:00 p.m.
Group 3	6:00-6:45 p.m.
Group 4	6:45-7:30 p.m.
Jr. Group	7:45-8:30 p.m.
Pom Pon	8:30-9:15 p.m.
Sr. Group	9:15-10:00 p.m.
Anniversary Dancers	10:00 p.m.-?

Groups are determined by enrollment and movement within the dance troupe.

Dancers will be placed in Groups according to birth date and will move from group- to-group determined by **seniority birth date**. For instance, there may be an opening for only one dancer to move up to Group 3. If we have four dancers that are 8-years-old and born in the same week, the student that was born first out of that group will be the dancer to move up.

It is not uncommon for some students to remain in the same group for three to four years.

## ATTENDANCE/OUTSIDE PERFORMANCES

- A. WEEKLY CLASSES** - As a courtesy to the group and individual partners, it is important that a dancer not miss more than eight (8) classes. If a problem should arise, it will be dealt with on an individual basis. If more than eight (8) absences have occurred, the dancer will be required to contact the Board with a written appeal. In addition, if a dancer misses more than three (3) classes in succession the director or dance instructor must be notified. Five (5) absences will result in a written warning; eight (8) absences will result in the need for a dancer to write a written request for consideration. If a dancer has more than eight (8) absences and has not notified the Board or director, they will be considered a resigned dancer.

### 2008-2009 HOLIDAY BREAKS - RECITAL

- December 23, 2008 (Christmas Holiday)
- December 30, 2008 (New Year's Holiday)
- April 6, 2009 (Spring - Easter Break)
- Dress Rehearsal – Not available at this time
- Recital Date – Not available at this time

- B. OUTSIDE PERFORMANCES** - Throughout the year, we are invited to attend and perform at various functions. It is the group's expectation that dancers attend these functions as our way of showing our Polish heritage publicly. Each dancer will be notified in advance either by written note, email or phone call regarding when, where and what should be worn for each performance. ***It is the responsibility of the parent/dancer to show up on time and in proper costume for these events. If you arrive late, meaning after practice has begun, you will NOT BE ALLOWED TO DANCE. Dancers arriving late may participate in the Anthem and finale but will not receive a participation point. This policy will be strictly enforced.***

**Participation will be tracked using a sign-in sheet.** We will have a roster with all of the dancers listed and the name and date of the event for each outside performance. It will be the responsibility of the parent/dancer to make sure they sign in with one of the members of the Parent Board as a record of each dancer's attendance. This will also ensure no dancer will be overlooked once practice has begun.

***Dancers are required to stay in costume and ready to perform until dismissed by the dance instructor or director to be eligible for credit of participation.***

Participation ribbons will be given to any dancer who has participated in a minimum of 65% of events in a calendar year. (See State Ball requirements for Graduates.)

- C. DANCE RECITAL** - Typically, the annual recital is scheduled at the end of April. Dress rehearsal is usually the Friday before the recital at 5:30 p.m. Dress rehearsal is MANDATORY unless the Parent Board and dance instructor have granted prior approval.

## DRESS CODE AND COSTUME REQUIREMENTS

### **A. WEEKLY DANCE CLASS**

#### GIRLS

- **Hair** - Shoulder length or longer must be worn up. No long bangs in face.
- **Dancewear** - Leotard and tights, trunks and t-shirts, or dance stretch pants (straight leg – not flare) are acceptable. NO pajama pants, sweatpants, sweatshirts, hoodies, jeans or jean shorts are permitted.

- **Shoes** - Ballet shoes or leather sole jazz shoes, and, in some cases, tap shoes. (Isotoner-type slippers are not acceptable.) Shoes must be purchased by October 1<sup>st</sup>. Failure to comply with this will result in sitting out practice until proper shoes are worn. *(Parent Tip #1: Payless is an excellent source for jazz shoes and ballet shoes. For groups 1-2, buy an extra pair of white ballet shoes when they have their "Buy-One-Get-One-Half-Off" sale to be used for outside performances and recital. Janet can also order dance supplies at a reduced rate. You may also try Dancin' Feet Dancewear on Eureka and Reek in Southgate. Mention "Janet's School of Dance" for a discount.)*

Payless \$24.99		Payless \$16.99  Janet can get these for \$15.00 & without ties		See Janet for Tap Shoes
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## BOYS

- **Dancewear** – Shorts (not jean shorts) and t-shirts. Sweatpants will be allowed in colder weather. NO sweatshirts, hoodies, jeans or jean shorts are permitted.
- **Shoes** - Leather sole jazz shoes or black ballet shoes, and in some cases, tap shoes. Shoes must be purchased by October 1<sup>st</sup>. Failure to comply with this will result in sitting out practice until proper shoes are worn. *(Parent Tip #2: Payless is an excellent source for jazz shoes and black ballet shoes. For groups 1-2, buy an extra pair of black ballet/jazz shoes when they have their "Buy-One-Get-One-Half-Off" sale to be used for outside performances and recital. Janet can also order dance supplies at a reduced rate. You may also try Dancin' Feet Dancewear on Eureka and Reek in Southgate. Mention "Janet's School of Dance" for a discount.)*

Payless \$24.99		Payless \$16.99  Janet can get these for \$15.00 & without ties		See Janet for Tap Shoes
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## **B. OUTSIDE PERFORMANCES**

### GIRLS

- **Costume** – White blouse, white tights, red trunks/briefs, red skirt, white apron, red beads, headpiece, Polish vest (year pins (left sleeve) and ribbons (right shoulder) pinned to blouse not vest) to be worn unless otherwise notified. (No pins or ribbons are to be worn for Picture Day, Dress Rehearsal, or Dance Recital). Shoes: Groups 1-2: black dress shoes (Maryjane-type) **with rubber soles** for all outside performances (Parades, Festivals, Masses, etc.) or white ballet shoes (for inside performances – i.e. Christmas parties, etc.), when in doubt, bring both. Groups 3-Senior Group: Black boots

Some occasions require other costumes to be worn. You will be notified in advance of this change. Senior class is required to bring the Goralski costume to all performances.

### **SPECIFICS:**

- **Hair** - Groups 1-Senior Group - Two (2) braids at nape of neck, not French braided. NO "PONY TAIL" BRAIDS and no bangs in face.



- **Tights** - Plain white tights a must for all performances (no sheer, lace or cable knit). *(Parent Tip #3: Capezio® Brand is the preferred brand of tights. Sample below is from [discountdancesupply.com](http://discountdancesupply.com) but they can be found at almost any dance supply store. In addition, when "Character" costume orders are placed, you will have the opportunity to order them then.)*

Child's Seamless Run Resistant Footed  
Tights: \$6.65; Adult: \$8.25



- **Shoes**

1. Groups 1-2 - Black dress shoes (Maryjane-type) **with rubber soles** for all outside performances (Parades, Festivals, Masses, etc.) or white ballet shoes (for inside performances – i.e. Christmas parties, etc.), when in doubt, bring both! *(Parent Tip #4: Again, Payless is an excellent source for these shoes.)*

Payless  
\$16.99



Payless  
\$12.99



2. Groups 3-Senior Group - Black boots are to be worn. Typical places to try for boots are: K-Mart, Payless, Wal-Mart and Meijer's. It is recommended these items are purchased in the Fall when readily available. *(Parent Tip #5: Sometimes these boots are a little harder to find. A few dancers have had luck purchasing Paddock Boots from Stateline Tack [www.StatelineTack.com](http://www.StatelineTack.com). Boy's black ice skates with the blades removed work as well)*

Devon-Aire Easy-Care Paddock Boots for Ladies: \$38.99  
Ladies sizes: 4, 4.5, 5, 5.5, 6, 6.5, 7, 7.5, 8, 8.5, 9, 9.5, 10, & 10.5



Saxon Childs Equileather Lace Paddock: \$14.39  
Children sizes: 11-5



Toys-R-Us - American Athletic 517 Boys Figure Skates: 24.99  
Children sizes: Youth 12-4 (Remove blades)



- **Polish Vest** - Any new or exchanged vest will require a \$25.00 security deposit. Dancers are encouraged to purchase their own vests. *(Parent Tip #6: If you are interested in buying authentic wear the following are two excellent websites: <http://www.perfekt.krakow.pl> or [www.polartcenter.com](http://www.polartcenter.com).)*

<http://www.perfekt.krakow.pl>  
\$153.00: 2005-American Price



- **Blouse** - Plain white, long sleeve blouse with “Peter Pan” type collar. Lace will be provided for you to sew onto the collar and cuffs. (Parent Tip #7: JCPenney catalog or JCPenney online [www.JCPenney.com](http://www.JCPenney.com) is a good source for purchasing these blouses. If you are interested in buying authentic wear the following are two excellent websites: <http://www.perfekt.krakow.pl> or [www.polarcenter.com](http://www.polarcenter.com).)

[www.JCPenney.com](http://www.JCPenney.com)  
Girls: 4-16 (\$18.99) or  
Girls Plus: 10-20 (\$21.99)

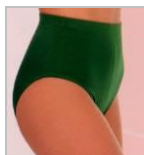


<http://www.perfekt.krakow.pl>  
\$82.00: 2005-American Price



- **Red Trunks/Briefs** - Girls in **all** groups are required to wear red trunks/briefs under their skirt, available at any dance supply store. (Parent Tip #8: [www.dance4less.com](http://www.dance4less.com) or [allaboutdance.com](http://allaboutdance.com). Janet can also order dance supplies at a reduced rate. You may also try Dancin’ Feet Dancewear on Eureka and Reek in Southgate. Mention “Janet’s School of Dance” for a discount.)

[www.dance4less.com](http://www.dance4less.com)  
Children: 4-14 \$6.99 or  
Adult: Small-Large \$7.99



[allaboutdance.com](http://allaboutdance.com)  
Children: Small-Large \$7.50 or  
Adult: X-Small-X-Large \$8.25



Green & Blue are shown but briefs /trunks are to be red.

- **Red Skirt, Headpiece, and Lace Apron** – Everyone will be required to purchase a red skirt and headpiece. A lace apron will be provided by the dance troupe. This is a required costume that will be worn at all outside functions and will be yours to keep. Red skirts should measure 10-inches from the floor. If the dancer’s skirt is shorter than 10-inches off of the floor, **a)** you may take out the hem, **b)** purchase a new skirt, or **c)** possibly purchase or trade with another dancer for a used skirt. Aprons should measure 14-inches from the floor.
- **Red Beads** – Everyone will be required to purchase a set of red beads from the dance group. Replacement beads will also have to be purchased.
- **Slips** - If you do not already own a slip or unless you are already borrowing a slip from the dance group, you will be required to purchase a slip. Please be reminded that if you are borrowing a slip, it will need to be turned in when your dancer either outgrows it or upon exiting the program. (Parent Tip #9: You can find a variety of petticoats online at [http://www.rufflesnlace.shoppingcartplus.com/petticoats\\_pettipants\\_sissy.html](http://www.rufflesnlace.shoppingcartplus.com/petticoats_pettipants_sissy.html) or [SophiasStyle.com](http://SophiasStyle.com). Below are a couple of examples of what they offer:)

ADULT			
	<u>591 50's Look Petticoat</u> Petite (26”L) (21-38”W) through XL (29”L)(26-54”W) \$44.00		<u>30” Chiffon Crinoline</u> Petite (21-26”W) through XL (38-42”W) \$50 .00
CHILDREN			
	<u>1810 Children's Chiffon Petticoat</u> Petite (13”L) (14-16”W) through Large (19”L) (22-24”W) \$37.00		<u>1824 Flower girl Petticoat</u> One Size (24”L up to 34”W) \$32.00

	<p><a href="http://SophiasStyle.com">SophiasStyle.com</a> Sophia's Style Boutique Kids BOUFFANT Half Tea Length Petticoat Slip Girl 12M-12 \$14.59</p>		<p><a href="http://SophiasStyle.com">SophiasStyle.com</a> Toddler &amp; Children's Tea Length FULL PETTICOAT Slip Kids Girls Sizes 2T-12 \$16.49</p>
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*(Parent Tip #10: Used skirts, blouses and shoes may be available for you to purchase or if you are having difficulty finding any of the above costume requirements, please check with the director or one of the board members.)*

## **BOYS**

- **Costume** – White long sleeve dress shirt, black dance pants, black socks, blue Polish vest (year pins and ribbons pinned to left chest of vest) to be worn unless otherwise notified. (No pins or ribbons are to be worn for Picture Day, Dress Rehearsal, or Dance Recital). Shoes: Groups 1-3: Black dress shoes **with rubber soles** for *all outside performances* (Parades, Festivals, Masses, etc.) or black jazz or ballet shoes (for inside performances – i.e. Christmas parties, etc.), when in doubt, bring both! Groups 4-Senior Group: Black boots

Some occasions require other costumes to be worn. You will be notified in advance of this change. Senior class is required to bring the Goralski costume to all performances.

## **SPECIFICS:**

- **Shoes**
  1. Groups 1-3 - Black dress shoes **with rubber soles** for *all outside performances* (Parades, Festivals, Masses, etc.) or black jazz or ballet shoes (for inside performances – i.e. Christmas parties, etc.), when in doubt, bring both! *(Parent Tip #11: Again, Payless is an excellent source for these shoes.)*



- **Blue Polish Vest** - Any new or exchanged vest will require a \$25.00 security deposit. Dancers are encouraged to purchase their own vests. *(Parent Tip #13: If you are interested in buying authentic wear, the vest can be found under the Rzeszów region on the following website: <http://www.perfekt.krakow.pl>)*



- **White Dress Shirt** - Plain **white**, long sleeve dress shirt: *(Parent Tip #14: JCPenney catalog or JCPenney online [www.JCPenney.com](http://www.JCPenney.com) is a good source for purchasing these dress shirts.)*



- **Black Dance Pants** - Provided by the dance group.
- **Socks** - Black socks are to be worn.

### **C. RECITAL COSTUMES FOR GIRLS AND BOYS**

- Outside Performance Costume: "Red Skirt" costume for the girls; "Blue vest and black pants" costume for the boys. *May or may not be used.*
- Special Polish costumes (skirt/pants, apron, headpiece, jewelry and vest, if needed) will be provided by the dance group. Many hours go into the sewing of these costumes and they are distributed laundered, pressed, and on hangers. Please return these items in the same fashion.
- Character costumes are the responsibility of each parent/dancer. There will be fundraisers throughout the year to help defray the cost of these items.

## **FUNDRAISING**

The Fundraising Chairperson(s) will oversee all fundraising activities. A calendar of these events will be communicated as dates become available. No fundraisers are mandatory but there will be a \$5.00 fee per dancer if you do not participate in a group fundraiser. It is to the benefit of the entire dance group to earn credit toward recital costumes and to help the treasury maintain the Polish outfits, awards, music, etc. *It is requested all payments are made by check (payable to Rogalin Dance Troupe) or cash (no coin please.) Please put in an envelope and mark clearly the name of the dancer, amount and which fundraiser it is for.*

**PREPAYMENT will be required when participating in fundraising.**

## **VOLUNTEERS**

Throughout the year, there will be sign-up sheets posted on the bulletin board outside the dance studio asking for volunteers. Parent participation is strongly encouraged. Some examples for volunteering are as follows: Costumes, Scenery, Recital Program, Fundraisers, Publicity, Room/Group Parent, etc.

## **DANCE CLASS CANCELLATION**

- It should be understood that dance classes will automatically be cancelled if the **Wyandotte Public School District** closes due to inclement weather conditions. Please note that this does not apply if individual public and/or private schools close for any reason.
- If for *any other reason* classes need to be cancelled (i.e. building problems at the studio, etc.), families will be contacted by phone. Therefore, please make sure that we have an up-to-date phone number for you throughout the year. Because most of the phone calls will be made to the number you have listed as your primary number, you may want to check for messages before coming to the dance studio.

## **OTHER**

- **Group/Individual Pictures** - Each year, pictures will be taken of each group for the recital program. Individual pictures are also available. You will be notified by note of dates, times and prices.

- **Communications** - You will be kept informed throughout the year via notes handed out at weekly classes. If you have more than one dancer, the note will be given to the youngest dancer. If for some reason you are unclear of information, it is the parent's/dancer's responsibility to contact a board member. You may also refer to our website, [www.rogalindancetroupe.com](http://www.rogalindancetroupe.com), for updated information. We encourage all parents to take an active part in their dancer's dance career by checking the bulletin boards weekly and reading the notes that go home with the dancer.
- **Comerica Park** - Participation for Groups 3-Senior Group is considered a participation event. For groups 1 and 2, it will be considered as an "above and beyond" event. However, the board will still pay for admission to the park for dancers in groups 1 and 2 who do not want to dance. Groups 3-Senior Group will only have their tickets paid if they dance. There will be two mandatory practices for the Comerica Park performance. If the dancer does not participate in the practices, they will not be allowed to dance. The day of the performance, an adult **MUST** be waiting to pick up the dancer at a designated area outside of the performance area. This includes dancers that are already 18-years old, as well.
- **Parent Watch Night(s)** – There will be one or two Parent Watch Nights scheduled during the dance year. On these nights, parents are welcome to watch their dancers in the dance studio during their class.
- **Bring-A-Friend-to-Class Night** - On this night, dancers will have the opportunity to bring a friend with them to participate in their dance class.

## **PRCUETTES**

Girls in the Junior and/or Senior Group, depending on interest from year-to-year, may have the opportunity to try-out for the PRCUettes Pom team. The PRCUettes is a competitive pom pon team that also performs in the recital.

Because the team is a competitive team, it is mandatory that girls competing on the team miss no more than one competition or risk being dropped from the team. The Nationals competition, which is held in the month of July, is also mandatory. Please keep in mind some of these competitions are held out-of-state and may require an overnight stay. There will be fundraisers throughout the year to defray travel costs.

## **AWARDS**

- Every dancer completing a full year of dance will receive a year bar for consecutive years of participation.
- Every dancer on the PRCUettes pom pon team completing a full year of pom will receive a year bar for consecutive years of participation.
- Dancers who have reached five (5), ten (10) or fifteen (15) years of dance (consecutively) will receive special tenure ribbons, a participation award from the head office of the PRCUA in Chicago, and recognition at the annual recital.
- Female dancers are to wear ribbons on the right shoulder of their blouse (not on the vest.) Year pins are to be worn on the left sleeve of blouse (not on the vest). Year pins for PRCUettes are to be worn on the right sleeve of the blouse (not on the vest). Male dancers are to wear pins and ribbons on the front and left-hand side of their vest. (No pins or ribbons to be worn for Picture Day, Dress Rehearsal or Dance Recital.)

E. Honor Ribbons will be awarded as follows:

- **Rogalin Dance Troupe Ribbon:** *Given to every new dancer after one full year of dance. If you have been with the Rogalin Dance Troupe for a year or more and have not received one, please see one of the Board members.*
- **Navy Blue:** *Awarded for participation (minimum 65% of events), with a star pin for every year minimum participation is made after ribbon is first earned.*
- **White:** *Sacrament. Awarded for making first Sacrament. (Beginning with 2006-2007 dance year: Cross pins added for each additional Sacrament made thereafter.)*
- **Red:** *Confirmation (If first Sacrament was made before the 2006-2007 dance year.)*
- **Purple:** *Reconciliation (If first Sacrament was made before the 2006-2007 dance year.)*
- **Green:** *Polish Heritage. Given for dancers who go "above and beyond" to research Polish heritage. The Dancer must give a presentation to the dance group. All groups are eligible to participate. Cannot be an assigned school project and must be approved by director.*
- **Gold:** *Once-In-A-Lifetime event*
- **Pink:** *5 Years*
- **Light Blue:** *10 Years*
- **Yellow:** *15 Years*

If a ribbon or year bar is lost or broken there will be a nominal charge to replace it.

If your dancer does not receive a year bar and/or ribbon, and you feel they are entitled to one, please do not hesitate to ask the Director to review her records. It may just be an oversight.

## **PARENT BOARD**

The Parent Board was formed in conjunction with the guidelines from Chicago, as well as ensuring the dance group is run in a democratic manner. The board shall consist of President, Vice-President, Corresponding Secretary, Recording Secretary, Treasurer and Fundraising Chairperson(s). Elections are to be held each May. A term of the board coincides with the current scheduled dance year. Meetings will be held as deemed necessary by the parent board.

- **President** - 1) Presides at all meetings; 2) Is authorized to sign checks; 3) Plans with Director, Dance Instructor and other Officers, the program of activities during the dance year; 4) Has the authority to call special meetings.
- **Vice-President** - 1) In absence of the President, the Vice-President takes on the duties of the President; 2) Vice President can chair a special activity; 3) Shares public relations work with President and Dance Instructor.
- **Recording Secretary** - 1) Records all business meetings; 2) Keeps meeting attendance; 3) Keeps all records of names, addresses and phone numbers, society and roster numbers.
- **Corresponding Secretary** - 1) Sends out notices; 2) Pass information from Chicago to Dancers.

- **Treasurer** - 1) Establishes an account for the school; 2) Collects funds; 3). Mails disbursements; 4) Gives financial report at all meetings; 5) Together, with the Director and President, signs checks.
- **Fundraising Chairperson** - 1) Oversees fundraising; 2) Reviews requests of potential fundraisers with Board; 3) Approves, organizes and communicates scheduled fundraisers to Director and group; 4) Collects funds.

## **DANCER SAFETY**

- Emergency forms must be filled out for EACH dancer EVERY year. Please see the last page of this handbook (ATTACHMENT B). This form is to be turned in by the first dance class, if you have more than one dancer in the group, please request additional forms. Each dancer must have his or her own form on file.
- Dancers may NOT wait in the lobby downstairs or outside PRCU hall as requested by PRCU #162.
- Dancers in Groups 1-4 must have a parent or designated responsible adult present during the entire class. An adult is required to come upstairs to pick up each dancer in groups 1-4.
- Parents of Dancers in Groups 5-Senior Group may feel that their dancer is responsible enough to leave the studio upstairs without adult supervision to meet their ride outside. However, since we cannot monitor dancers after they walk downstairs, we would like to keep your written permission on file.
- On June 21, 2003, PRCUA schools were given specific guidelines from Chicago. Rogalin Dance group has incorporated these required guidelines into our handbook.

## **STATE BALL REQUIREMENTS**

Beginning with the 2001-year, all dancers (grades 8-12) and their parents must sign the attached acknowledgement of receipt outlining Graduate/State Ball Requirements (Attachment A.) This record will be kept on file. This will ensure each dancer and their parents are aware of the policies and standards that must be performed.





## ATTACHMENT B

### 2008-2009 Dancer Information and Permission Release Form

This form is to be turned in by the first dance class, if you have more than one dancer dancing, please request additional forms. Each dancer must have their own form on file.

Dancer's Name: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_ Female / Male  
Circle One

Address: \_\_\_\_\_

Medical Conditions that should be noted, if any (i.e. Asthma, ADD, seizures, allergies, etc.): \_\_\_\_\_

Legal Parent's/Guardian's Name: \_\_\_\_\_

Address (if different): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Second Legal Parent's/Guardian's Name: \_\_\_\_\_

Address (if different): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Emergency Contact Name if Parents are unavailable: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Please read each statement, accept, or decline, then sign and date below.

My signature below acknowledges:

1. I have received the 2008-2009 Rogalin Dance Troupe Parent/Dancer Handbook and understand my responsibility and my dancer's responsibility to know and abide by policies and procedures outlined within.  Yes  No
2. I grant my irrevocable permission to release photographs, slides, video, audio recordings and text material of/from the above-named minor either with or without my dancer's accompanying name or photo for promotional, website, and otherwise informational use by the Rogalin Dance Troupe.  Yes  No
3. I grant permission for my dancer to leave the studio upstairs without adult supervision to meet their ride outside. **(Applicable only for dancers in Groups 5-Senior Group.)**  
 Yes Group #: \_\_\_\_\_  No  Not Applicable

Legal Parent's/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_